



the brush up

From Denica's Desk

Have you visited Long Painting Company's website lately? Log on to www.longpainting.com and take a look at our updated site. It is easier to navigate with tabbed sections. Our homepage has a slideshow of six of our recently completed projects. Every quarter six new jobs will be selected for this section. This quarter we are featuring UW BioEngineering & Genomics, Farwest Tank, Everett Community College Arts & Sciences Building, M.V. Puyallup, Sacred Heart Hospital, and Tolt River Bridge. We also feature our most recent Five Diamond Job of the Year, One Las Vegas, on the homepage. Everyone at Long Painting works hard to produce a quality project for our customers and each year an outstanding job is chosen that represents the best work we do.

The Leadership in Energy and Environmental Design (LEED) Green Building Rating System™ is about building construction using strategies aimed at improving performance in energy savings, water efficiency, CO₂ emissions reduction and improved indoor environmental quality. A new tab on our website focuses on our LEED projects and certifications. Long Painting Company is at the forefront of our industry with respect to LEED projects. Congratulations to **Lynn Jackson** for becoming a LEED AP (*Accredited Professional*).

Career opportunities & current job openings can be found under the "Contact Us" tab. Long Painting is a great place to work and this section of our website showcases our competitive benefits. A potential employee is now able to download a job application for commercial or industrial craft positions right from the website. If someone you know is looking for a job, be sure to direct them to this part of our website.

Our completed projects section has been completely revised to make it easier to see what projects we have been working on. This area is divided by type of work with a brief description of the job and some representative pictures. If you would like to see your project in this section please send **Bill Stevens** a detailed description and a few quality photos.

Mike Neumann and **Cyndi Marks** have put a lot of effort into to making such an attractive website. We really appreciate their hard work and look forward to their quarterly updates.



Keep working on those safety videos! You must submit your final product by September 30. Remember to keep these criteria in mind:

- No longer than two minutes
- Must be in common audio/video format (.MP3, .WAV)
- No animals, plants, or humans are to be injured while filming

Submittals may be screened at the General Safety Meeting, and the top three featured on Long's website.

Mike's Corner

Back to School

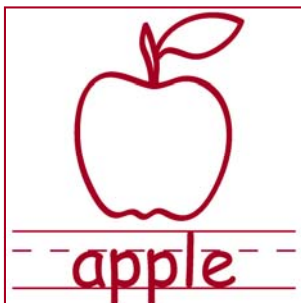
Let's look back for a minute – back in May we started thinking about what to do WITH our children during the summer. Perhaps relatives could care for them while we worked, perhaps the YMCA or some other camp would be nice, or, if we are fortunate, a member of our household could entertain and occupy our busy children's day throughout the summer vacation. Then, in June, the logistics took control of our lives as we scheduled our children's lives to coincide with our work schedules and now – here we are preparing to send them back to school having allowed them the opportunity to expand their minds and to grow about two inches over the summer. Now, let's focus on back to school safety as our lives shift yet again and the ninth month ritual known as "back to school" commences.

AT HOME Check clothing to ensure that it is appropriate for weather conditions and that it meets school standards and dress codes. Make sure the kids get off to a good start to their day by jump-starting their metabolism for maximum brain power with a healthy breakfast. Limit valuables being taken to school, and properly secure cell phones, iPod's, etc. to minimize the potential for loss/theft. Ensure that they have emergency and non-emergency contact information in case they need to reach you during the day. The schools' administration should also have this information; make sure that any pertinent medical information is provided to the school and keep this information updated if needed throughout the school year. Be sure your child's backpack isn't too heavy—experts recommend the weight of the backpack should not exceed 10% of their body weight. Instruct them to wear both straps of the backpack to avoid back strain.

ON THE WAY TO SCHOOL If going by car, check seat belts and make sure that younger children are properly positioned in the back seat of the car and in respective car seats or booster seats; ensure that doors are closed and locked. If your kids walk to school, remind them to use crosswalks, walk against the flow of traffic, wear reflective material during early morning/late afternoon times (flashlights optional), and remind them to make eye contact with drivers when crossing the street. Children who ride their bike to school should wear a properly-fitted helmet, obey the flow of traffic, cross the street at designated crosswalks and walk their bikes across the street, and ensure that they lock their bikes when they get to school. It would also be advisable to double-check the mechanical soundness of their bikes by checking brakes, tire pressure, steering head, proper seat height, etc.

AT SCHOOL Remind children to listen and follow school rules; they are in place for our children's safety. They need to stay within the confines of the school property at all times, and remind them to report strange activity that they may see to a teacher (strangers in and around the school fences, parking lots or even buildings).

BACK AT HOME Make sure that they have returned safely (with all of the obligatory appendages) *continued*



Back to School, continued

and encourage them to share their days' experiences with the family.

What else can WE do? Obey the school speed zones. There is never an excuse to speed through a school zone. If you don't have children, remember that someone else does. Watch out for children walking alongside of the road, riding their bike, and the gathering of children at bus stops. And last, be patient in and around the school buses. The bus drivers have a difficult job with a lot of responsibility and they are trained to focus on the safety of our children and that of the general public. Give them a break.

STAY SAFE OUT THERE.

❖Mike Wilkinson

Family Fall Activities

WASHINGTON

Remlinger Farms

Carnation, WA

Washington State Autumn Leaf Festival, Sept 26-27

Oktoberfest, October 2-3

Leavenworth, WA

OREGON

Sublimity Harvest Festival

September 11-13

Corvallis Fall Festival

September 26-27, Central Park, Corvallis

Bend Fall Festival

October 3-4, Downtown Bend

NEVADA

Kokanee Salmon Festival

October 3-4, Taylor Creek

Safety @ Home



At my house, fall seems to be the busiest home improvement season. What we put off all summer in favor of camping trips and barbecues becomes necessity before November's rain starts to fall! September becomes the mad dash to patch the roof, clean the gutters, and clean out the shed, sandwiched between school open houses and football games. Fall can be a busy time, so take care to slow down enough to be safe while performing your fall maintenance around the house.

Be Careful On Ladders Before using a ladder, inspect it to make sure it is up to the task. Use the right size and type ladder for the job, and always place it on level ground before climbing up the rungs.

Keep Walkways and Driveways Clear As leaves fall, driveways and sidewalks can become slippery. Keep your driveway and sidewalks clean and free of debris.

Clean Up Chemicals As you clean out your shed and garage, dispose of any old paint, fertilizers, auto products, etc. Proper disposal is a must. In King County, go to www.govlink.org for more information on Hazardous Waste disposal.

Check Smoke Detectors Make sure the smoke detectors in your home are all operational, and for good measure, change the batteries. All bedrooms should have a smoke detector; make sure your home is equipped. Smoke detectors are inexpensive and easy to install.

Keep Up Your Exercise Routine Avoid strained muscles—stay fit! You'll soon be lugging in heavy firewood and Christmas packages, too!

❖Cyndi Marks

5 Diamond

Project of the Year

Long Painting Company's 2008 Project of the Year is announced as **One Las Vegas**, a high rise condominium project underway on the south end of the Vegas strip. The project was headed up by **Lynn Jackson**, Project Manager; **Steve Penington**, Superintendent; and **Kevin**



Ward, Foreman. Long provided interior and exterior painting for the two towers, as well as wallcovering installation and sealing of concrete floors. The work on the two completed towers lasted one and a half years.

What is a 5 Diamond Job?

Projects awarded the Five Diamond status must meet the following criteria:

- **Safety - No OSHA Injuries / No Citations**
- **Quality - No Rework**
- **Customer Service - Satisfied Customer**
- **Productivity - On Time Completion**
- **In Budget - No Additional Time or Money**

Five diamond projects are acknowledged each quarter. At year end, the three owners select one Five Diamond project as Project of the Year. Visit our lobby at the corporate office in Kent to view the plaque on display featuring this year's and past Projects of the Year, as well as a plaque honoring our Foremen of the Year.



Foreman of the Year

Long Painting Company is happy to announce the 2008 Foreman of the Year as **Frank Schmidt** out of the Portland office. A Foreman of the Year is selected based on the 5 Diamond criteria. Frank contributed to great success on projects such as the Foss Tug, K4 Floor, and Solar Cub during 2008. Way to go Frank, and keep up the good work!